

Week 7 in Rebuild: A Series through Nehemiah

In any rebuilding project we find ourselves in (i.e. physical, relational, financial, or spiritual) the really hard work is heart building. When God is at work the ultimate goal is not the physical rebuild but the spiritual. We find in Nehemiah 9 and 10 a blueprint for rebuilding the soul through worship, confession, and pledged commitment.

Discussion Questions

- 1. How would you describe your level of "handiness"? What is the biggest building project you've ever tackled? How did it turn out?
- 2. What did God teach you through the sermon this weekend?
- 3. Read Nehemiah 9:5b 37, which is an amazing prayer that reminds God's people gathered of how kind God has been to them and how powerful He is.
 - a. What does this prayer tell us about God?
 - b. What does this prayer tell us about His people?
 - c. How could this prayer have inspired greater faith and commitment to God to the Israelites gathered together that day?
 - d. How can it be instructive and/or inspiring to us today?
- 4. Pastor Carlos gave us four questions to ask ourselves to check if we need to confess like the Israelites did back then for how we are living today. Do any of these apply to you?
 - a. Have we married ourselves or our families to the gods of this world?
 - b. Have we refused to build rhythms of rest into our lives?
 - c. Have we held on to what we believe others owe us? Is there anything that you are holding onto that you need to release someone from?
 - d. Have we neglected our soul's relationship with God?
- 5. Which of the three components of the rebuilding blueprint Pastor Carlos shared (worship, confession, and pledged commitment) from Nehemiah 9-10 do you want to focus on practicing? Why?

- 6. In Nehemiah 10 the gathered Israelites pledged a new level of faithfulness to God in light of the gap between His kindness and grace to them and current lifestyle.
 - a. In what area of your life do you need to trust God and surrender your ways to His way?
 - b. How would your life be different if you trusted in Him rather than in self or others?
 - c. What's one practical thing you can do this week to rely on Him for inspiration and strength to overcome the challenges you face?

Closing Quotes

"Rebuilding projects are ultimately soul projects"

"There is no hope in your rebuilding project without surrendering to Jesus"