



# WATKINSVILLE

## FIRST BAPTIST CHURCH

### **The Secret to Contentment**

How many times in your life have you thought “if I do right, life will go right, therefore everything else will be just alright”? This thinking depends on how we view life going alright, what our expectations are of what will make our life complete and make us happy. In the christian world there is an attraction to a particular doctrine or belief - “If I do right by God, God will do right by me”, meaning God will give us monetary possessions and prevent suffering if we obey Him properly. The problem with this thinking is that this outlook on life is controlled by circumstances. The Apostle Paul shares with us how to find happiness and satisfaction apart from circumstances and in Christ.

### **Discussion Questions**

- How would you define the word happiness? How do you think your definition has influenced the ways you’ve chosen to pursue happiness?
- What did God teach you through the sermon this weekend?
- Read 1 Tim 6:6-10, where Paul writes about what Christian contentment looks like.
  - What stands out to you about this passage?
  - What do we learn about contentment from this passage?
  - What is there to gain from Christian Contentment?
  - Why is money or possessions such a snare to contentment? How can we overcome it?
- It’s easy for us to agree that we can’t find happiness through money, possessions, and status. Why is it so difficult to live as though that is true?
- To what extent do you live in dependence upon God? What does Christian contentment look like in your life? How do you think that has affected your happiness?

- Read Matthew 6:9-13, where Jesus shares a model for prayer and a framework of dependency on God leading to contentment. What are some reasons it's difficult for us to live as though we are dependent on God for provision, forgiveness, and protection? What do we lose when we live like that? What do we gain?

### **Quotes to Consider**

"Christian Contentment is an inner sufficiency that keeps us at peace in spite of outward circumstances." Warren Wieserbe

"What will satisfy most has already been given to us in Christ" Carlos Sibley