



WATKINSVILLE

FIRST BAPTIST CHURCH

The Secret to Contentment

The Apostle Paul shares a life secret with the church in Philippi that has significant implications for us today - the secret to contentment. In this letter Paul repeatedly writes about the importance of rejoicing, regardless of circumstances - whether in times of need or in plenty. During this collective season of longing to get back to normal, his message of being happy and satisfied where we find ourselves is something we all need.

Discussion Questions

- What is the first thing that comes to mind when you think about what makes you happy? Why do you think that comes to mind?
- Why do you think our culture assumes more is better?
- What did God teach you through the sermon this weekend?
- Read Philippians 4:10-13, where Paul shares the secret to contentment.
 - What stands out to you about this passage?
 - What do we learn about contentment from this passage?
 - What does Paul say is the secret to contentment? Does it sound too good to be true? Where have you seen this true in your life or in someone else's?
- Would you say that you are content? If not, what's getting in the way of your contentment?
- In what are you currently seeking happiness or contentment? What is one thing you can do this week to turn your attention to Jesus as your source of contentment? What can this group do to support you?

Quotes to Consider

"You will never need more than what Jesus has already promised" Carlos Sibley

"If i am not satisfied with what I have, I will never be satisfied with what I want" Greg Laurie

"Contentment is not fulfillment of what you want, it's the realization of what you already have"

Greg Laurie