

## **Psalms of Summer - Psalm 68**

This is the first Sunday of exploring what the Psalms tell us about who God is and how He speaks encouragement, comfort, and confidence into our lives. Psalm 68 talks about how we can trust our enemies... we can trust our enemies to someone... to God.

### **Discussion Questions**

- What is one “enemy” that you’ve faced during the last 3 months?
  - Carlos defined an enemy as something or someone that tries to go against us
  
- When have you been your own worst enemy?
  
- What did God teach you through the sermon this weekend?
  
- Read Psalm 68, a psalm of David that was sung to commemorate a military victory that points to how we can victory in our own battles today.
  - What stands out to you about this passage?
  - What different aspects of God’s character are highlighted in these verses? How does worship move us towards obedience?
  - Why do you think it was so important for David to talk about the fatherless, widows, lonely, and prisoners? What stands out to you about how God cares for those who are lonely and forgotten?
  - What encouragement and/or instruction does this passage give us for how to overcome our enemies?
  
- Read Ephesians 4:7-16, where Paul references Psalm 68:8 as a picture of Jesus’ ascension to Heaven and victory over all enemies for us.
  - What stands out to you from this passage?
  - What ‘gifts’ has God given to us? How do they help us let God address our enemies?
  
- What does Carlos’ quotes mean to you - “You can trust your enemies to God”? Name one enemy that you need to trust to God for victory.
  
- What would it look like for you to trust the enemies/opposition you’re currently facing to God? How can we help?

### **Quotes to Consider**

“Trust your enemies to God” - Carlos Sibley